



Judith Pinkerton's  
**Music 4 Life®**  
Center

**Judith Pinkerton LPMT, MT-BC**

**Judith** is a keynote speaker, author, radio show host, recording artist, and licensed board-certified music therapist. As a leading expert in music-based stress management, Judith empowers people globally to live differently.

Her call to action TEDxUNLV platform *MUSIC POWERS POTENTIAL* alerts people about their music listening habits that may provoke harm, addiction and dis-ease. As a popular speaker and collaborator, Judith addresses uplevels stress management to improve emotional intelligence with user-friendly life skills building capacity to deal with more stress. Audiences learn how to make music work like medicine, applying special mood formulas from all genres to regulate emotion. As a popular talk show host and guest (Music 4 Life® Radio / iTunes podcasts), Judith spontaneously takes guests on a journey, weaving their life story with insights illustrated by their music choices and links to music medicine applications.

Judith is the author of *Music Medicine Boot Camp™*, *The Sound of Healing* book, *MAPP MEE™ Self-Assessment Kit* workbook & CD, the *MEE™ Study*, and *Music as Medicine™* workbook series. Her workshops have been accredited by the Nevada State Board of Nursing, Certification Board for Music Therapists, and other health boards since 1990. Judith is a recording artist (violin) and producer of the *REMO Stress Brake* CD, *MEE-Music Exercising Emotions™ Concert* CD, *MEE™ in the Key of Peace* CD, and *Journey with MEE™* CD-ROM.

Founder of Music 4 Life®, Inc. and Music 4 Life® Technology, Inc., Judith oversees Music 4 Life® programs and products online and locally in Las Vegas, Nevada. Her work grew out of a hospital experience when her solo violin music replaced medication post-surgery. As a violinist, she has performed with symphonies from Switzerland to Alaska as well as dozens of stars on the Las Vegas strip, including Metallica, Barry Manilow, Andrea Bocelli, and Natalie Cole.

Judith provides music therapy services for thousands of clients through American Addiction Centers. Prior to her recovery focus, she founded and managed a nonprofit music therapy clinic for two decades as clinic director, researcher, grant writer, internship director and music therapist. She was responsible for securing over \$500,000 in state and private grants to support people from “cradle to grave” with disabilities, mental illness and medical conditions. Judith spearheaded efforts resulting in the new Nevada law for music therapy state licensure. *Judith is the first to receive that license in the USA.*

Judith served her professional association as Past-President and Nevada Government Relations Representative for the Western Region Chapter of the American Music Therapy Association. She chaired Las Vegas' only music therapy conference, attracting music therapists from across the country, Australia, England and Spain, and taught music therapy at the University of Nevada, Las Vegas.

Judith's global healing work includes TEDxUNLV 2014, the International Women's Forum “Music an Instrument for Change,” International Association for Comprehensive Energy Psychology and numerous national conferences. She is featured on radio, television, on the cover of St. Rose Hospital's magazine, Corporate Wellness Magazine, Billboard Magazine, Recovery.org ProCorner, Body Mind Spirit Magazine, Las Vegas Magazine, Maturity Today, Senior Press, So. Nevada Healthcare Journal, El Heraldo de Las Vegas, Las Vegas Review Journal, InLight Times, and The Las Vegas Sun.