



Music **4** Life®

**Judith Pinkerton LPMT, MT-BC**

**Judith** is a keynote speaker, author, radio show host, recording artist, and licensed board-certified music therapist. As a leading expert in music-based stress management, Judith empowers people globally to live differently.

Her call to action TEDxUNLV platform *MUSIC POWERS POTENTIAL* alerts people about their music listening habits that may provoke harm, addiction and dis-ease. As a popular speaker and collaborator, Judith addresses stress management to develop emotional fluidity and improve emotional intelligence with user-friendly life skills building capacity to deal with more stress. Audiences learn how to make music work like medicine, applying special mood formulas from all genres to regulate emotion. Featured in her popular podcasts, Judith spontaneously takes guests on a journey, weaving their life story with insights illustrated by their music choices and links to music medicine applications.

Judith has written numerous books, produced Music Medicine Pills™ including her artistry on violin, and creates constant new content at the MusicMedicineClub.com. Her accredited eCourses have been endorsed by the Nevada State Board of Nursing, Certification Board for Music Therapists, and other health boards since 1990. Judith is now available online for consultations at MusicTelemedicine.com.

Founder of Music 4 Life® Inc., Judith produces, presents and supervises Music 4 Life programs and products online and locally in Las Vegas, Nevada. Her work grew out of a hospital experience when her solo violin music replaced medication post-surgery. As a violinist, she has performed with symphonies from Switzerland to Alaska as well as dozens of stars on the Las Vegas strip, including Metallica, Elton John, Andrea Bocelli, and Donny Osmond.

Judith has provided music therapy services for more than 11,000 patients in addiction residential treatment centers since 2012. Prior to her recovery focus, she founded and managed a nonprofit music therapy clinic for two decades as clinic director, researcher, grant writer, internship director and music therapist. She was responsible for securing over \$500,000 in state and private grants to support people from “cradle to grave” with disabilities, mental illness and medical conditions. Judith spearheaded efforts resulting in the new Nevada law for music therapy state licensure. *Judith is the first to receive that license in the USA.*

Judith served her professional association as President of the Western Region Chapter of the American Music Therapy Association. She chaired Las Vegas’ only music therapy conference, attracting music therapists from across the country, Australia, England and Spain, and taught music therapy at the University of Nevada, Las Vegas.

Judith’s global healing work has been honored by the Academy of Country Music and Aflac, Las Vegas Chamber of Commerce, and TEDxUNLV 2014. She has presented for the International Women’s Forum “Music an Instrument for Change,” International Association for Comprehensive Energy Psychology, American Holistic Nurses Association, and numerous national conferences. Judith has been featured on radio, television, on the cover of St. Rose Hospital’s magazine, Corporate Wellness Magazine, Billboard Magazine, Recovery.org/ProCorner, Body Mind Spirit Magazine, Las Vegas Magazine, Maturity Today, Senior Press, So. Nevada Healthcare Journal, El Heraldo de Las Vegas, Las Vegas Review Journal, InLight Times, and The Las Vegas Sun.